

Packing list (test)



Travel documents and important items

- ☐ Passport, valid for at least six months from the date you fly
- ☐ Your travel details
- ☐ Health insurance details, and travel insurance details where you have them
- ☐ A copy of your passport and of your important documents
- ☐ Phone and charger
- ☐ Power bank
- ☐ A type G travel adapter, which is the British plug
- ☐ Cash, debit card and credit card



Clothing

This is an Islamic country, so choose clothing that is comfortable, light and respectful. Covering your shoulders and knees is preferred, and expected at religious and public places.

- ☐ Light long trousers
- ☐ T-shirts and shirts with sleeves
- ☐ A cardigan or light jacket for air-conditioned places
- ☐ Comfortable walking shoes
- ☐ Slippers or sandals
- ☐ Sunglasses
- ☐ A cap or hat for the sun



For women

- ☐ Long dresses, skirts or abayas
- ☐ Socks
- ☐ A headscarf
- ☐ Extra long and modest clothing for religious sites
- ☐ A burkini or other modest swimwear



Visiting the main mosque

Specific clothing is required at the mosque, and it is checked at the door.

Women

- ☐ Long, modest clothing or a long abaya
- ☐ A headscarf
- ☐ Socks

Men

- ☐ Modest clothing
- ☐ Long trousers
- ☐ A qamis is allowed, as long as it does not end above the ankles



Swimming and water activities

- ☐ A burkini or swimwear
- ☐ A towel
- ☐ Water shoes
- ☐ Sunscreen
- ☐ Aftersun
- ☐ A waterproof bag for your phone and your things
- ☐ A refillable water bottle



Desert and excursions

- ☐ Sturdy, comfortable shoes
- ☐ Light, long clothing
- ☐ Sunglasses
- ☐ A hat or cap
- ☐ Sunscreen
- ☐ Lip balm with an SPF
- ☐ A refillable water bottle
- ☐ A small backpack for excursions

For the journey and personal things

- ☐ A Quran
- ☐ Prayer clothing, if you would like it
- ☐ A prayer mat
- ☐ A bag for your personal things
- ☐ Earphones or headphones
- ☐ A book, or whatever else gets you through a flight

Snacks for the journey

- ☐ Sultana biscuits
- ☐ Dates
- ☐ Nuts
- ☐ Whatever else you like

Tip: something to share around is worth packing. It is a long way, and it is nicer together.

Personal care

- ☐ Your own medication
- ☐ A small first aid kit

- ☐ Paracetamol
- ☐ Plasters and bandages
- ☐ Toothbrush and toothpaste
- ☐ Shampoo and shower gel
- ☐ Deodorant
- ☐ Tissues and wet wipes
- ☐ Hand sanitiser
- ☐ Your own care products



Most important, do not forget

It can be very hot and very bright. Drink more water than you think you need, and keep the sun off you.

- ✓ Sunscreen
- ✓ Plenty of water
- ✓ Sunglasses
- ✓ A hat or cap



Tip for excursions

Take the **Manasik backpack** with you on excursions. You are given it at Schiphol when you check in with us.



Nothing that customs refuses

Weapons, anything intoxicating, and anything a customs officer would have to make a decision about. The list is the ministry's, and customs is the authority on whatever is not named on it.



Baggage, and this one matters

Each person is allowed **20 kg of checked baggage and 7 kg of hand luggage**. Do not go over it.

Extra baggage and extra suitcases cannot be booked in advance. Anything over the allowance is settled at the airport, and it costs.

Tip: weigh your suitcase at home. The airport is a bad place to find out.



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